

Year 8 Overview 2025-26					
Form Time Personal Development Curriculum Overview					
Date	WK	Sess	EJ- PD Sessions	KB- STARR Sessions ★	
Tue 2 nd Sept	A	★	Autumn 1 1. Introduction- Consider PD goals for Yr8	No Session	
Thu 4 th Sept		PD			
Tue 9 th Sept	B	★	2. Leadership Opportunities at Leftwich	1. STARR Introduction Study Skills (SS) and Active Revision (AR) What is retrieval and revision?	
Thu 11 th Sept		PD			
Tue 16 th Sept	A	★	3. Second-hand September	2. Study Skills (SS) Retrieval Practice and using Metacognitive skills.	
Thu 18 th Sept		PD			
Tue 23 rd Sept	B	★	4. Tolerance linked to European Day of Languages (Fri 26 th Sept)	3. Retrieval Practice	
Thu 25 th Sept		PD			
Tue 30 th Sept	A	★	5. Inclusion linked to Black History Month (Oct)	4. Planner Issue	
Thu 2 nd Oct		PD			
Tue 7 th Oct	B	★	6. Kindness- Link to World Mental Health Day (10 th Oct)	5. Active Revision (AR) Creating Flashcards from ST1 Topics- Group Work	
Thu 9 th Oct		PD			
Tue 14 th Oct	A	★	7. Kindness- EDI Day: National Make a Difference Day (Oct 25 th) Link to migration https://www.redcross.org.uk/stories/migration-and-displacement	6. Active Revision (AR) Using Flashcards- Leitner Method	
Thu 16 th Oct		PD			
Tue 21 st Oct	B	★	8. Kindness in our community- Out of uniform Friday 24th (Yr11 Senior Citizens Party)	7. Review Active Revision week 1. Set Half Term revision task.	
Thu 23 rd Oct		PD			
Half-Term					
Tue 4 th Nov	A	★	Autumn 2 1. Remembrance Day	8. Active Revision (AR) Acronyms and Mnemonics Group Work	
Thu 6 th Nov		PD			
Tue 11 th Nov (ST1 Core Only)	B	★	2. Positive Affirmations (self-care/mental health during exam window)	9. ST 1 week 1 Group Task	
Thu 13 th Nov (ST1 Core Only)		PD			
Tue 18 th Nov (ST1 Core Only)	A	★	3. Positive Affirmations (self-care/mental health during exam window)	10. ST1 Week 2 Group Task	
Thu 20 th Nov (ST1 Core Only)		PD			
Tue 25 th Nov	B	★	4. Tolerance- EDI: Islamophobia Month (November)	11. Reflection (R) Revision Reflection- Planner Needed- Tutor check and highlight successful planners	
Thu 27 th Dec		PD			
Tue 2 nd Dec	A	★	5. Launch the Christmas decorations competition (use FGF time too)	12. Active Revision (AR) Recap of Methods	
Thu 4 th Dec		PD			
Tue 9 th Dec	B	★	6. Complete Christmas tree decorations (YL to Judge in final week)	13. Goal Setting 1	
Thu 11 th Dec		PD			
Tue 16 th Dec	A	★	7. Out of Uniform day Charity (Yr7 Save the Children)	14. Active Revision (AR) Guides to Success (Science) Half Term task	
Thu 18 th Dec		PD			
Christmas Holiday					
Tue 6 th Jan	B	★	Spring 1 1. Social media- Positive or negative?	15. Study Skills (SS) Reading Skills	
Thu 8 th Jan		PD			

Tue 13 th Jan	A	★	2. How does Social Media effect our mental health?	16. Study Skills (SS) Command Words
Thu 15 th Jan		PD		
Tue 20 th Jan	B	★	3. Holocaust Memorial Day 2025 (27 th Jan)- Bridging generations	17. Active Revision (AR) Core Skills
Thu 22 nd Jan		PD		
Tue 27 th Jan	A	★	4. Pick the yr8 Charity (Vote)	18. Active Revision (AR) Planner Issue- Spaced Practice intro
Thu 29 th Jan		PD		
Tue 3 rd Feb	B	★	5. Cyberbullying- Link to EDI: safer internet day (10 th Feb)	19. Active Revision (AR) Ways to use a knowledge Organiser. Planner needed
Thu 5 th Feb		PD		
Tue 10 th Feb	A	★	6. National Apprenticeship Week- Careers link	20. Active Revision (AR) Brain Dump – make a plan. Planner Needed.
Thu 12 th Feb		PD	Out of uniform Charity Day (yr8)	
Half-Term				
Tue 24 th Feb	B	★	Spring 2	21. Reflection (R) Revision Reflection Planner Needed
Thu 26 th Feb		PD	1. Initiative- how to use in order to improve your skills	STARR Award- Praising the prepared
Tue 3 rd Mar	A	★	2. National Careers Week (2 nd –7 th March)	22. Active Revision (AR) Group Revision
Thu 5 th Mar		PD	World Book Day 5th March	
Tue 10 th Mar	B	★	3. Organisation: importance of being organised leading up to ST2s	23. Active Revision (AR) Revision Tapas- Group Revision
Thu 12 th Mar		PD		
Tue 17 th Mar	A	★	4. Approaching challenges in an organised way -ST2 link (using initiative, motivation and resilience)	24. Active Revision (AR) Pair work – Brain Dump
Thu 19 th Mar		PD		
Tue 24 th Mar (ST2)	B	★	5. Out of uniform charity (y9 on Wed 1st April)	25. ST2 week 1 – Concept Map from Brain Dump
Thu 26 th Mar (ST2)		PD		
Tue 31 st Mar (ST2)	A	★	6. No Session - Break up on Wed 1 st April	26. ST2 week 2 – Talk it through
Thu 2 nd Apr (ST2)		PD		
Easter Holiday				
Tue 21 st Apr	B	★	Summer 1	27. Reflection (R) Revision Reflection- Planner Needed- STARR Award Tutor group reflection
Thu 23 rd Apr		PD	1. Respect- What is an ‘open’ character?	
Tue 28 th Apr	A	★	2. Respect- ‘what is a closed’ character?	28. Goal Setting 2 – sheets needed form EFL book
Thu 30 th Apr		PD		
Tue 5 th May	B	★	3. Respect- Importance of seeing each other as human. EDI- Autism Acceptance month (April)	29. Critical Thinking
Thu 7 th May		PD		
Tue 12 th May	A	★	4. Respect- Importance of seeing each other as human. EDI: International day against homophobia, transphobia, and biphobia (17 th May)	30. Active Revision (AR) Active listening skills
Thu 14 th May		★		
Tue 19 th May	B		5. Respect- Importance of seeing each other as human. EDI: Dangers of misinformation	31. Active Revision (AR) Using Active listening skills
Thu 21 st May		PD		
Half-Term				
Tue 2 nd Jun	A	★	Summer 2	32. Reflection (R) Goal Setting 3
Thu 4 th Jun		PD	1. Being proud- Having pride in your achievements so far this year. EDI: Pride Month (June)	
Tue 9 th Jun	B	★	2. Reflect on your own strengths and weaknesses	33. Active Revision (AR) Reading to understand 2 TASK
Thu 11 th Jun		PD		
Tue 16 th Jun	A	★	3. Know that success cannot come without failure	34. Active Revision (AR) Frayer Model
Thu 18 th Jun		PD		

Tue 23 rd Jun		★	4. Know what is meant by personal growth	35. Active Revision (AR) Using a Frayer Model
Thu 25 th Jun	B	PD		
Tue 30 th Jun		★	5. Recognise and Embrace opportunities	36. STARR Quiz
Thu 2 nd July	A	PD		
Tue 7 th July		★	6. Recognise and Embrace opportunities.	37. Reflection (R) Goal Setting for Year 9
Thu 9 th July	B	PD	EDI link: Nelson Mandela Day (18 th July)	
Tue 14 th July		★	7. Out of uniform charity	38. No session (catch up for end of year events)
Thu 16 th July	A	PD	(Yr10)	

Overview of Year 8	
Knowledge, Skills, and PD Goals achieved by the end of the year.	By the end of Year 8, students will have been given opportunities to recap over key skills and revision methods and have an introduction to the idea of spaced practice and how to plan. They will develop their understanding and use of revision strategies, building their 'toolbox' and work collaboratively in creating and using methods. Students' will have opportunities for reflection so they can see how progress has been shaped by being prepared and revision success being explicitly acknowledged and celebrated. Furthermore, students will have opportunities to continue to develop character skills of empathy, resilience, organisation, and kindness as well as develop new personal development goals surrounding initiative and pride. Their will continue to be explicit links to British Values and our school community, in particular linking to a sense of belonging by learning the importance of equality of opportunity and respect for diversity. Year 8 will continue to be given opportunities to consider careers and post 16 education throughout the year preparing them for the opportunities, decisions, responsibilities and experiences of later life.