

Year 10 Overview 2025-26
Form Time Personal Development Curriculum Overview

Form and Personal Development Curriculum Overview				
Date	WK	Sess	EJ- PD Sessions	KB- STARR Sessions ★
Wed 3 rd Sept	A	★	Autumn 1 1. Introduction- Consider Personal Development Goals for KS4	No Session
Thu 4 th Sept		PD		
Wed 10 th Sept	B	★	2. Leadership Opportunities at Leftwich	1. STARR Introduction KS4
Thu 11 th Sept		PD		
Wed 17 th Sept	A	★	3. EDI Day: National Inclusion Week (next week) Tolerance- Immigration	2. Study Skills (SS) Study Goals
Thu 18 th Sept		PD		
Wed 24 th Sept	B	★	4. EDI Day: National Inclusion Week link to European Day of Languages (Fri 26 th Sept)	3. Study Skills (SS) Metacognition and Critical Thinking
Thu 25 th Sept		PD		
Wed 1 st Oct	A	★	5. Mindset Assessment Profile- What is it?	4. Positive Revision Habits
Thu 2 nd Oct		PD		
Wed 8 th Oct	B	★	6. Mindset Assessment Profile- Create one	5. Active Revision (AR)
Thu 9 th Oct		PD		
Wed 15 th Oct	A	★	7. Mind Training Part 1	6. Active Revision (AR) Retrieval Practice Video
Thu 16 th Oct		PD		
Wed 22 rd Oct	B	★	8. Out of uniform Friday 25th (Yr11 Senior Citizens Party)	7. Active Revision (AR) Being Ready to Go- Half Term Task
Thu 23 rd Oct		PD		
Half-Term				
Wed 5 th Nov	A	★	Autumn 2 1. Remembrance (Mon 11 th Nov)	8. Active Revision (AR) Revision Resources
Thu 6 th Nov		PD		
Wed 12 th Nov	B	★	2. Mind Training Part 2	9. Active Revision (AR) Guides to Success - English
Thu 13 th Nov		PD		
Wed 19 th Nov	A	★	3. Mindset and Success	10. Active Revision (AR) Guides to Success - Maths
Thu 20 th Nov		PD		
Wed 26 th Nov	B	★	4. EDI: UK Disability History Month - link back to tolerance and reflect on the UKs progress for disability inclusion. Link to CHSL	11. Active Revision (AR) Podcasts
Thu 27 th Nov		PD		
Wed 3 rd Dec	A	★	5. The illegal Migration Bill- impact	12. Active Revision (AR) Cornel Note Taking
Thu 4 th Dec		PD		
Wed 10 th Dec	B	★	6. Tolerance and Kindness: EDI Day: International migrants’ day (18th Dec) P4C Lesson	13. Effective Flashcards
Thu 11 th Dec		PD		
Wed 17 th Dec	A	★	7. Out of Uniform Charity (Yr7 Save the Children)	14. Active Revision (AR) Flashcards- Lietner Method- Half Term Task- Make and use Flashcards
Thu 18 th Dec		PD		
Christmas Holiday				
Wed 7 th Jan	B	★	Spring 1 1. Turn setbacks into success using initiative	15. Recap Quiz
Thu 8 th Jan		PD		
Wed 14 th Jan	A	★	2. P4C- Human Rights- Are we all born free and equal?	16. Planner Issue – Keep in school
Thu 15 th Jan		PD		

Wed 21 st Jan	B	★	3. Holocaust Memorial Day (27th Jan) Bridging generations	17. Active Revision (AR) Pomodoro Technique (Planner needed)
Thu 22 nd Jan		PD		
Wed 28 th Jan	A	★	4. Reflect on RED January and steps taken for movement for mental health.	18. Active Revision (AR) Prioritising and setting weekly task (planner needed) RAG
Thu 29 th Jan		PD		
Wed 4 th Feb	B	★	5. EDI Day: Safer internet day (11 th Feb)- dangers of misinformation	19. Focus Areas
Thu 5 th Feb		PD		
Wed 11 th Feb	A	★	6. National Apprenticeship Week - Careers link	20. Half Term Plan
Thu 12 th Feb		PD	Out of uniform Charity Day (yr8)	
Half-Term				
Wed 25 th Feb	B	★	Spring 2	21. Revision refocus
Thu 26 th Feb		PD	1. Careers Fair reflection (Tue 25 th Feb)	
Wed 4 th Mar	A	★	2. National Careers Week	22. Active Revision (AR) Just three things
Thu 5 th Mar		PD	World Book Day 5th March	
Wed 11 th Mar	B	★	3. Prepare to perform- Mental Energy	23. Active Revision (AR) Elaboration (need just three things sheet form previous lesson)
Thu 12 th Mar		PD		
Wed 18 th Mar	A	★	4. Prepare to perform- Self Care	24. Active Revision (AR) Brain Dump and questioning
Thu 19 th Mar		PD		
Wed 25 th Mar	B	★	5. Out of uniform charity (y9 on Wed 1st April)	25. Building Independence . Exam Etiquette
Thu 26 th Mar		PD		
Wed 1 st Apr (ST1)	A	★	6. No Session - Break up on Wed 1 st April	26. Active Revision (AR) ST1- All Subjects- Group/Paired/Independent revision- CORE 4
Thu 2 nd Apr (ST1)		PD		
Easter Holiday				
Wed 22 nd Apr (ST1)	B	★	Summer 1	27. Active Revision (AR) ST1- All Subjects- Group/Paired/Independent revision- CORE 4
Thu 23 rd Apr (ST1)		★	1. Positive Affirmations (self-care/mental health)	
Wed 29 th Apr	A	PD	2. Positive Affirmations (self-care/mental health)	28. Active Revision (AR) ST1- All Subjects- Group/Paired/Independent revision- CORE 4
Thu 30 th Apr		PD		
Wed 6 th May	B	★	3. Feedback: Constructive vs Destructive	29. Reflection (R) Revision reflection Oracy Task
Thu 7 th May		PD		
Wed 13 th May	A	★	4. Strong Leadership- Link to JLT	30. Reflection (R) Study and Revision Feedback
Thu 14 th May		PD		
Wed 20 th May	B	★	5. Employability Skills	31. Working Smarter not harder
Thu 21 st May		PD		
Half-Term				
Wed 3 rd Jun	A	★	Summer 2	32. Revision Hitlist – English
Thu 4 th Jun		PD	1. Making informed choices	
Wed 10 th Jun	B	★	2. Choices lead to consequences	33. Revision Hitlist – Maths
Thu 11 th Jun		PD		
Wed 17 th Jun	A	★	3. EDI: Pride Month	34. Revision Hitlist – Science
Thu 18 th Jun		PD		
Wed 24 th Jun	B	★	4. Pick the yr10 Charity	35. Revision Hitlist – Electives
Thu 25 th Jun		PD		
Wed 1 st July	A	★	5. Looking ahead and planning for success	36. Progress Eve reflection
Thu 2 nd July		PD		
Wed 8 th July	B	★	6. Positive affirmations: What will success look like for you in yr11?	37. Setting Goals for Year 11
Thu 9 th July		PD		
Wed 15 th July		★	7. Out of uniform charity	38. Making a revision plan

Thu 16 th July	A	PD	(Yr10)	

Overview of Year 10	
Knowledge, Skills, and PD Goals achieved by the end of the year.	By the end of Year 10, students will have begun to learn how to manage their revision effectively and reflected on how that impacts their results. In building their own plan, they will select tasks to be completed independently in building a good revision routine. . They will have begun to acquire tools to support their metacognition, retrieval, and application of subject-specific skills to achieve success in their GCSEs. Students will have also have begun to develop a clear understanding of their lens through which they view the world and had opportunities to develop their character skills of empathy, kindness, motivation, confidence and resilience while reflecting on their social impact within the school community and beyond into the world of work. They will have gained important understanding of equality of opportunity and respect for diversity. They will have gained knowledge and experience of career opportunities and considered how to channel that into motivation for success preparing them for the opportunities, decisions, responsibilities and experiences of later life and how to look after their physical and mental health throughout the process.