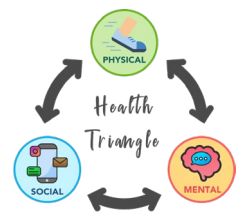


Big Ideas  
EFL

Relationship and Sex Education



Health and Wellbeing




Living the Wider World



Embebbed across  
topic areas

Staying safe and knowing where to seek help or support



<div>6</div> <div>Relationships and Sex Education</div> <div>Attraction to others; romantic relationships; civil partnership and marriage.</div> <div>Recognising and managing pressure; consent in different situations.</div> <div>Expressing opinions and respecting other points of view, including discussing topical issues.</div> <div>Living in the Wider World</div> <div>Valuing diversity; challenging discrimination and stereotypes</div> <div>Evaluating media sources; sharing things online</div> <div>Influences and attitudes to money; money and financial risks.</div> <div>Health and Wellbeing</div> <div>What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online. Human reproduction and birth; increasing independence; managing transition. Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.</div>	<div>7</div> <div>Relationships and Sex Education</div> <div>Different types of relationships (on and offline)</div> <div>Friendships, bullying, LGBTQ+, romantic feelings and families.</div> <div>Living in the Wider World</div> <div>Identity, Stereotypes and Discrimination</div> <div>racism, religious discrimination, disability, sexism, gender and teenagers.</div> <div>Looking after the world around us</div> <div>Job roles, employability skills, public vs private sector, Labour Market Information (careers).</div> <div>Health and Wellbeing</div> <div>Making healthy choices and if not, understanding the consequences</div> <div>Diet, exercise, smoking, vaping and negative effects of energy drinks.</div> <div>Strategies to deal with life challenges</div> <div>Physical and emotional changes during puberty. Depression, mindfulness and managing anxiety.</div> <div>Skills to achieve</div> <div>Developing interpersonal skills and self-confidence to boost achievement.</div>	<div>8</div> <div>Relationships and Sex Education</div> <div>Choices and dangers in relationships</div> <div>Consent, ‘sexting’, conflict, domestic violence, same sex relationships, gender and identity. Discuss Peer on Peer abuse.</div> <div>Living in the Wider World</div> <div>Financial decision making</div> <div>Budgeting, saving, income and expenditure.</div> <div>Careers Skills</div> <div>Communication, resilience, being proactive.</div> <div>Developing respect for beliefs and opinions and advocacy skills</div> <div>Promoting diversity and equality. Challenge stereotypes, prejudice and discrimination, strength in understanding.</div> <div>Looking after the world around us</div> <div>Charities, aid, human trafficking, sustainability and carbon footprint</div> <div>Online safety</div> <div>Keeping accounts safe, grooming and cyber-crime, TikTok .</div> <div>Health and Wellbeing</div> <div>Making healthy choices and strategies to deal with life challenges. If not, understanding the consequences</div> <div>Drugs, dangers of self-harm, eating disorders. More resilient and managing anger, stress and social anxiety, plus basic first aid training.</div>	<div>9</div> <div>Relationships and Sex Education</div> <div>Intimate relationships</div> <div>Peer pressures, contraception, the risks of STIs, attitudes to pornography, healthy and unhealthy relationships, CSE.</div> <div>Living in the Wider World</div> <div>Financial decision making</div> <div>Accounts, savings loans and financial institutes, avoiding debt, NI and Tax and the aid of apps, Labour Market Information.</div> <div>Discrimination and Diversity (Freedom Writers film)</div> <div>Cultural diversity and discrimination, Holocaust.</div> <div>Behaviour in society</div> <div>Anti-social behaviour, laws on young offenders, crime, gangs and county lines, knife crime.</div> <div>Health and Wellbeing</div> <div>Making Healthy Choices and Saving Lives</div> <div>Drugs, alcohol, acid attacks, vaccinations, CPR, vaping, organ donation.</div>	<div>10</div> <div>Relationships and Sex Education</div> <div>Healthy and unhealthy relationships</div> <div>Pornography on behaviour, laws on harassment and stalking, forced marriages, relationship breakups, consent vs sexual abuse.</div> <div>Living in the Wider World</div> <div>Prevent</div> <div>Addressing extremism and radicalisation (including RS focus)</div> <div>Behaviour in society and online</div> <div>Gangs and county lines, knife crime, fake news, cybercrime, online fraud and money laundering</div> <div>Understanding Islam</div> <div>Understanding the Muslim faith (including RS focus).</div> <div>Health and Wellbeing</div> <div>Making healthy choices and strategies to deal with life challenges</div> <div>Binge drinking, gambling, online gaming, bereavement, homelessness.</div>	<div>11</div> <div>Relationships and Sex Education</div> <div>Communication in Relationships</div> <div>Personal values, assertive communication, reducing inappropriate behaviours, managing unwanted attention and consent.</div> <div>Developing empathy and compassion and seeking support</div> <div>Families and parenting, fertility/adoption/abortion, marriage, managing loss and bereavement.</div> <div>Living in the Wider World</div> <div>Develop understand of self-worth in the wider world</div> <div>Different careers pathways, managing transition, aligning goals with actions</div> <div>Developing Resilience and Risk Management</div> <div>Financial risk, fraud, economy, budgeting and mortgages.</div> <div>Health and Wellbeing</div> <div>Develop confidence, agency and support seeking skills</div> <div>Making healthy lifestyle choices, health promotion and self-examination, accessing support services, safety during school holidays.</div>	<div>12</div> <div>Relationships and Sex Education</div> <div>Healthy relationships</div> <div>Understand the difference between ‘love’ and ‘lust’.</div> <div>Relationships in the workplace and the boundaries around professional relationships.</div> <div>Evaluate different degrees of emotional intimacy in relationships, respect and, if appropriate, challenge the ways different faith or cultural views influence relationships.</div> <div>Living in the Wider World</div> <div>Finance Decision Making</div> <div>Plan for expenditure and budget for changes in circumstances (e.g. when moving out or going to university).</div> <div>Understand and manage salary deductions including taxation, national insurance and pension.</div> <div>Evaluate savings options, to exercise consumer rights, including resolving disputes and accessing appropriate support.</div> <div>Health and Wellbeing</div> <div>Safety</div> <div>Travelling UK and abroad, including passport, visa and insurance requirement. Cycle safety, young driver safety, passenger safety, using licensed taxis and getting home safely</div> <div>Health</div> <div>To recognise illnesses that particularly affect young adults, such as meningitis and ‘freshers’ flu’.</div> <div>Diet</div> <div>How to maintain a healthy diet, especially on a budget.</div>
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