

Year 11 Overview 2025-26 – EFL

Date	Wk	Week	Units Studied & Learning Outcomes
8 weeks (8 Lessons) (38Days)			
Tues 2-Sep Tues Y7 only Wednesday- whole school	A	1	<u>Overview of Unit/No. lessons</u> Developing Healthy Relationships <u>Lesson Sequence of Content:</u> L1 Identifying unhealthy relationship behaviours L2 Managing unwanted attention L3 Reducing inappropriate behaviours L4 Successful Communication in Relationships L5 Understanding Consent L 6 Understanding misconceptions and sex L7 Assessment
8-Sep	B	2	
15-Sep (INSET Friday)	A	3	
22-Sep	B	4	
29-Sep	A	5	
6-Oct	B	ST1	
13-Oct	A	ST1	
20-Oct	B	8	
Half-Term7 weeks (7 lessons) (35 Days)			
3-Nov	A	9	<u>Overview of Unit/No. lessons</u> Developing resilience and risk management <u>Lesson Sequence of Content:</u> L1 What influences my decisions? L2 Why do my decisions matter? L3 How can I manage financial risk? L4 Understand Fraud L5 Social Engineering L6 Budgeting and mortgages L7 Assessment
10-Nov	B	10	
17-Nov	A	11	
24-Nov	B	12	
1-Dec	A	13	
8-Dec	B	14	
15-Dec	A	15	
Christmas Holiday6 weeks (6 lessons) (30 Days)			
5-Jan	B	16	<u>Overview of Unit/No. lessons</u> Strategies to deal with life’s challenges <u>Lesson Sequence of Content:</u> L1 Long Term Commitments L2 Legal Status of Marriage L3 Parenting L4 Loss L5 Bereavement L6 New types of technology and the risk they pose – AI, deep fakes
12-Jan	A	17	
19-Jan	B	ST2	
26-Jan	A	ST2	
2-Feb	B	20	
9-Feb	A	21	
Half-Term6 weeks (6 lessons) (28 Days)			
23-Feb	B	22	<u>Overview of Unit/No. lessons</u> Relationships <u>Lesson Sequence of Content:</u> L1 How and why to maintain a healthy balance between time online and other activities L2 How to manage online stress
2-Mar	A	23	
9-Mar	B	24	
16-Mar	A	25	
23-Mar	B	26	

30-Mar (finish Wednesday 1 st April)	A		L3 How to access health services with confidence, e.g. smoking cessation, dental and GP services L4 How to monitor health, e.g. through self-examination and using screening services L5 Safety during school holidays L6 Assessment
Easter Holiday			5 weeks (5 lessons) (24 Days)
20-Apr	B		Structured Revision During EfL to prepare for GCSE exams
27-Apr	A	29	
4-May (Bank holiday Mon)	B	GCSE	
11-May	A	GCSE	
18-May	B	GCSE	
Half-Term			
1-Jun	A	GCSE	Structured Revision During EfL to prepare for GCSE exams
9-Jun	B	GCSE	
16-Jun	A	GCSE	
23-Jun	B	GCSE	
(Total: 190 Days)			