

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

CLASSIC BEEF BOLOGNAISE

With Garlic Bread



MEXICAN BEEF CHILLI

with 50/50 Rice or Soft Tacos



PERI-PERI CHICKEN

with Roast Potatoes and Gravy

GREEN THAI CHICKEN CURRY

with 50/50 Rice



FISHFINGERS OR SALMON FISHCAKES

with Chips

AUTUMN VEGETABLE RISOTTO

MEXICAN VEGETABLE RICE



CAJUN SWEET POTATO & SPINACH TART

with Roast Pots

STICKY SOY AND HONEY NOODLES

LOADED HOUND DOG

with Chips

Green Beans
Carrots

Pineapple
Salsa & Slaw

Cauliflower
Peas

Sweetcorn
Roasted Broccoli

Baked Beans
Coleslaw

PINEAPPLE UPSIDE
DOWN CAKE
with Custard

OATY COOKIE



PLUM & VANILLA
CRUMBLE
with Custard



SCHOOL CAKE

LEMON DRIZZLE
SPONGE

THE MEXICAN KITCHEN

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED
PLANT
PROTEIN



VEGAN OPTION

SOURCE OF
WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

MACARONI CHEESE
with Crunchy Garlic Croutons


QUORN AND BLACK BEAN FAJITAS
with Rice 

Roasted Butternut Squash
Cauliflower

BLONDIE WITH BERRIES

STREET FOOD

SPICY CHICKEN
with Khobez and Tabbouleh Salad

HOUMOUS AND FALAFEL
with Khobez and Tabbouleh Salad 

Red Cabbage Slaw and Roasted Chickpea Salad

SYRUP SPONGE
with Custard

BUTCHERS SAUSAGE & MASH
with Onion Gravy

VEGGIE SAUSAGE & MASH
with Onion Gravy 

Broccoli Sweetcorn

APPLE & CHERRY OATY CRUMBLE
with Custard 

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES
with Rice 

Carrots Green Beans

CHOCOLATE SHORTBREAD CAKE

BATTERED FILLET OF FISH
with Chips & Tartare Sauce

GREEK SPINACH & FILO PARCELS
and Chips

Baked Beans Garden Peas

PEAR UPSIDE DOWN CAKE

ALSO AVAILABLE!

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ON THE SIDE

DESSERT OF THE DAY

VEGETARIAN
THAI NOODLES

MEATBALLS
IN TOMATO
SAUCE
with Spaghetti

THE CLASSIC
ROAST DINNER
with all the
trimmings

SPICE
& RICE

CHICKEN
KORMA
with 50/50 Rice

BATTERED
FISH
with Chips &
Tartare Sauce

VEGAN
MEATBALL
PASTA BAKE

VEGETABLE
BIRYANI

ROAST QUORN,
with all the
trimmings

SWEET POTATO,
CHICKPEA &
SPINACH TIKKA
with 50/50
Rice

THE BIG PLANT
BURGER
with Chips

Green Beans
Sweetcorn

Broccoli
Roasted
Vegetables

Roasted Carrots
Red Cabbage

Roasted
Cauliflower &
Sambals

Garden Peas
Baked Beans

WARM BANANA
FLAPJACK

VANILLA SPONGE

JAM SPONGE
with Custard

STICKY TOFFEE
APPLE CRUMBLE
with Custard

BERRY CRUMBLE
CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
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feeding the imagination