

Year 7 Overview 2024-25 – EFL

Date	Wk	Week	Units Studied & Learning Outcomes	Key Concepts & Assessment
8 weeks (8 Lessons) (38Days)				
Tues 2-Sep	A	1	<u>Overview of Unit/No. lessons</u> Making Health Choices	
9-Sep	B	2	L1 Understand what we mean by a healthy lifestyle L2 Road safety assembly delivered by Cheshire West & Chester L3 Understand how we can commit to a healthy lifestyle by being active and exercising L4 Understand the effects of an unhealthy diet L5 Understand the effects of energy drinks on your health L6 Understand the dangerous of vaping L7 Assessment lesson	
16-Sep*	A	3		
23-Sep	B	4		
30-Sep	A	5		
7-Oct	B	6		
14-Oct	A	7		
21-Oct	B	8		
Half-Term 7 weeks (7 lessons) (35 Days)				
4-Nov	A	9	<u>Overview of Unit/No. lessons</u> Building Relationships	
11-Nov	B	10	<u>Lesson Sequence of Content:</u> L1 Maintain genuine friendships L2 Understand the difference between bullying and banter – what is and isn't acceptable? L3 Understand how to prevent cyber bullying L4 Understand how to keep safe and positive relationships L5 Understand who are the LGBTQ+ community L6 Understand different types of families L7 Assessment	
18-Nov	A	11		
25-Nov	B	ST1		
2-Dec	A	ST1		
9-Dec	B	14		
16-Dec	A	15		
Christmas Holiday 6 weeks (6 lessons) (30 Days)				
6-Jan	B	16	<u>Overview of Unit/No. lessons</u> Strategies to deal with life challenges	
13-Jan	A	17	<u>Lesson Sequence of Content:</u> L1 Understand what to expect during puberty L2 Understand periods L3 Understand how we keep good mental health and recognise symptoms of depression L4 Understand what mindfulness is and how can it help us with our mental health	
20-Jan	B	18		
27-Jan	A	19		
3-Feb	B	20		
10-Feb	A	21		

			L5 Understand how I can we keep good mental health and cope successfully with anxiety L6 Confident Me	
Half-Term			6 weeks (6 lessons) (29 Days)	
25-Feb	B	22	<u>Overview of Unit/No. lessons</u> Identity, Stereotypes and Discrimination <u>Lesson Sequence of Content:</u> L1 Understand our individual identity and what makes each member of British society unique L2 Understand what are LGBTQ+ rights across the world L3 Understand how disabled people can be portrayed in the media and understand the law surrounding disability discrimination. L4 Explore the law surrounding racism and discrimination in the UK L5 Assessment	
3-Mar	A	23		
10-Mar	B	24		
17-Mar	A	25		
24-Mar	B	26		
31-Mar				
	A	27		
Easter Holiday			5 weeks (5 lessons) (23 Days)	
22-Apr	B	28	<u>Overview of Unit/No. lessons</u> Introduction to Careers Education <u>Lesson Sequence of Content:</u> L1 Understand different job roles L2 Introduction to Employability Skills L3 Different roles in the Public Sector L4 Careers in the NHS assembly L35 Different private sector jobs	
28-Apr	A	29		
5-May	B	30		
12-May	A	ST2		
19-May				
	B	ST2		
Half-Term			7 weeks (7 lessons) (34 Days)	
2-Jun	A	33	<u>Overview of Unit/No. lessons</u> Labour Market Information <u>Lesson Sequence of Content:</u> L1 Exploring Life Sciences L2 Exploring Energy Zero Carbon L3 Exploring Logistics & Distribution L4 Exploring Digital Technology L5 Careers Day preparation – Edge Hill University L6 Assessment L7 Summary of the year	
9-Jun	B	34		
16-Jun	A	35		
23-Jun	B	36		
30-Jun	A	37		
7-Jul	B	38		
14-Jul				
	A	39		
(Total: 189 Days)				