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	,	Year 11	Overview 2023-24 – Physical Educati	on Cambridge National Year 11				
Date	Wk	Week	Units Studied & Learning Outcomes	Key Concepts & Assessment				
			8 weeks (8 Lessons)	(38 Days)				
Tues 5-Sep	Α	1	No lesson	See end of Year 10 Overview for key concepts, assessment				
11-Sep	В	2	EBI for submission Single-Positive and negative impacts on popularity of sport in the uk	and learning outcomes. EBI from Summer marking.				
18-Sep*	А	3	EBI for submission					
25-Sep	В	4	Introduction to OAA unit Single -Emerging /new sports in the UK					
Date	Wk	Week	Units Studied & Learning Outcomes	Key Concepts & Assessment				
2-Oct	Α	5	Understand the provision for one OAA activity					
9-Oct		6	Understand the provision for two or more OAA activities	Foundational Outdoor Adventure Activities Concepts				
	В		Single-The role in sport in promoting values					
16-Oct	A	ST1	Understand the provision for three or more OAA activities Single-The Olympic and Paralympics	Understand different types of OAAUnderstand where to participate in them				
23-Oct	В	ST1	Understand the equipment needed for one OAA activity Single-Sporting values, initiatives, and campaigns	 at a local, Region or National level. Understand what equipment is required Understand what safety measures are required. 				
Half Term			7 weeks (7 lessons) (34					
Days) 6-Nov	А	ST1	Understand the equipment needed for two or more OAA activity					
13-Nov	В	10	Understand the equipment needed for three or more OAA activity Single-The importance of etiquette and sporting behaviour	Tier 2/3 Comfort zone, measures, name of each OAA Anabolic steroids, Beta blockers, Erythropoietin,				
20-Nov	Α	11	Understand the safety procedures needed one OAA activity Single-The use of Performance Enhancing Drugs (PED) in sport	Narcotic analgesics, Peptide hormones, Stimulants, etiquette, sportsmanship, gamesmanship.				
27-Nov	В	12	Understand the safety procedures needed two or more OAA activity					

4-Dec	Α		Understand the safety procedures needed three or more activity
		13	
11-Dec	В	14	Complete an evaluation of Hillwalking session Single-The use of Performance Enhancing Drugs (PED) in sport
18-Dec	А	15	Reflect on how the hill walking session could be improved.
Christmas Holid	6 weeks (6 lessons) (30 Days)		
8-Jan	В	16	The use of Performance Enhancing Drugs (PED) in sport

Prior	Current	Next
KS3 – orienteering and rock climbing	Knowledge of a number of OAA and their benefits.	OAA courses OAA apprentice .

GW	Knowledge of different OAA activities		
ВІ	Explain the safety and safety procedures you need to follow Apply knowledge in a Hill walking activity		
EW	Evaluate Hill walking activity		

Etymology	Kinase – to move (Greek)
	•
EDI	Inclusion of women in sports
	involving aggression previously
	deemed as 'not lady-like'.
	Engagement patterns – cricket
	common among young people
	form Caribbean, Indian and
	Pakistani backgrounds.
	Religion and fasting. Ethnic
	minority groups.
	Equal opportunities for
	women becoming
	officials/coaches managers.
	Ethical issues regarding drugs
	Ethical issues regarding drugs
	testing.
	Wimbledon prize money for
	winners.
Assessment of	Homework
Progress	Weekly submitted work.
History	The first kayaks
	were rudimentary designs
	built approximately 5,000 years ago by the Inuit and
	Aleut people to travel swiftly
	across the water. Located in
	the Artic North America,

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					these tribes would construct the kayaks out of whatever types of material they could find, including animal skins, bones and wood.
				Careers Links	OAA instructor OAA centre manager
				Misconceptions	Wellbeing OAA can bring through vision over the physical activity itself.
	Α		The Features of a major sporting event		
15-Jan		17		Foundational	NGB, Technology and hosting
22-Jan	В	18	Positive and negative pre-event aspects of hosting a major sporting event	Concepts	sporting events
	Α			• Know	what NGB are and what they do.
29-Jan		ST2			positive and negative aspects of
5-Feb	В				ng major event.
		ST2			what technology is used in sport and
	Α			how it	t impacts it
12-Feb		ST2			
Half-Term			5 weeks (5 lessons) (24 Days)	Tier 2/3	Health, fitness, sedentary, obesity,
26-Feb	В	22	Potential positive aspects of hosting a major sporting event	Vocabulary	somatotype, endomorph,
4-Mar	ט		Potential negative aspects of hosting a major		ectomorph, mesomorph,
1 -iviai	Α	23	sporting event		carbohydrates, fats, proteins, vitamins, minerals, dehydration,
11-Mar	В	24	NGB		hydration.
18-Mar	Α	25	NGB		·
25-Mar*	В	26	The use of technology in sport		
Г	Prior		Current Next	Etymology	Somatotype – body (Greek) Morph – shape (Greek)

	Yr 9 – Ca unit	mbridge	NGB, Technology and hosting sporting events	Cambridge National level 3			EDI	Link between inclusion and obesity.
							Assessment of	Starter to each lesson – recap
	G	:W	Apply knowledge of NGB, Technology and hosting sporting events Apply knowledge of NGB, Technology and hosting sporting events				Progress	previous learning, interrupting forgetting during lesson, homework.
	E	ЗІ			History	How technology has changed over the year. In relation to equipment,		
	E	W	Explain how knowled aspects of NGB, Tec hosting sporting ev	chnology and				groups and video footage
							Careers Links	Roles for the NGB
							Misconceptions	The cost/money some sport have compared to others.
Faster Hallder				6 wooks (6 I	essons) (29 D	1214	c)	
Easter Holiday	A	27	Dovision and ava	-	essons) (29 L	Jay:	5)	
22-Apr	A	21	Revision and exa Revision and exa	•				
22-Αρι	В	28	Nevision and exa	in practise				
29-Apr			Revision and exa	m practise				
	Α	29						
6-May*		30	Revision and exa	m practise				
42.14	В	2225						
13-May	A	GCSE						
20-May	В	GCSE		7 wooks /	7 lessons) (3) [Davel	
Half-Term	Ι Λ	CCCE		/ weeks (7 (2330) (3) J L	Daysj	
3-Jun	A B	GCSE						
10-Jun 17-Jun	A	GCSE GCSE						
T/-Juli	I A	GCSE						

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24-Jun		Contin				
		gency				
	В					
(Total: 190 Days)						

^{*} Bank Holidays

Overview of Year 11				
Based on your Flight Path (E.g. Targets 1L – 4L)	By the end of Year 11, students will have learned			
GW : (E.g. Grade 1)	Details of what content students should have learned; skills acquired; connections they might within and across subject(s). E.g. Students can demonstrate			
BI: (E.g. Grades 2-3M)	Students can recognise			
EW: (E.g. Grades 3U-4L)	Students can understand information from a variety			

Prompt Questions

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Please revisit the prompts from last year:

- What are the Key concepts for this unit?
- How will it link to wider disciplinary knowledge/cultural capital: history, culture, authentic artefacts, music, art, literature?
- How does it build on prior knowledge and link to other units, concepts, years, GCSE?
- What is it intended students will have learned?
- o For each Unit? By the end of the Year?
 - o GW:; BI:; EW
- Is it worth summarising in a knowledge organiser?
- Assessment: how do you know they have learned the foundational concepts, curriculum and wider disciplinary knowledge? Does assessment look like GCSE light? Should it?
- Skills used/learned
- Tier 2/3 vocabulary ((Etymology e.g. of Greek/Latin)