

## Week 3

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
SAVOURY MINCE or MACARONI CHEESE	SPICY BEEF ENCHILADA or VEGETABLE FRITTATA	ROAST PORK & APPLE SAUCE or COURGETTE & TOMATO BAKE	CHICKEN TIKKA MASALA or QUORN BIRIYANI	HOME MADE MEAT & POTATO PIE or CAULI & BROCCOLI GRATIN
CREAMED POTATOES CARROTS/PEAS	CROQUETTE POTATOES GREEN BEANS/ CAULIFLOWER	ROAST POTATOES MIXED VEGETABLES/ CABBAGE	RICE/ NAAN BREAD BROCCOLI /SWEET CORN	CHIPS/WEDGES PEAS/MIX VEGETABLES
COCONUT & CHOCOLATE SHORTBREAD	ICED FINGER/ FRESH FRUIT SALAD	RICE PUDDING/ OATIE FINGERS	BANANA MUFFIN / JELLY	FRESH FRUIT SALAD / CHERRY BISCUITS
PIZZA, PANINIS, PASTA & SAUCE, SANDWICHES BAGUETTES, FILLED JACKET POTATOES & RICE/PASTA /COUS COUS SALADS	PIZZA, PANINIS, PASTA & SAUCE, SANDWICHES BAGUETTES, FILLED JACKET POTATOES & RICE/PASTA/ COUS COUS SALADS	PIZZA, PANINIS, PASTA & SAUCE, SANDWICHES BAGUETTES, FILLED JACKET POTATOES & RICE/PASTA/COUS COUS SALADS	PIZZA, PANINIS, PASTA & SAUCE, SANDWICHES BAGUETTES, FILLED JACKET POTATOES & RICE/PASTA/COUS COUS SALADS	PIZZA, PANINIS, PASTA & SAUCE, SANDWICHES BAGUETTES, FILLED JACKET POTATOES & RICE/PASTA/COUS COUS SALADS

Daily Meal Deals are available at £2.15 which consist of Hot Meal or Sandwich, Dessert of the Day and small pure Fruit Juice