

<Example>'s Individual Learning Plan

My Subjects

I have been identified as gifted/talented in <examples>

I was identified by: Test Scores Teachers Parents

My comments (Are these the right subjects, do you think?)

My Skills

What makes me good at these subjects? (Try to describe key skills or personal qualities – see overleaf)

My Areas for Development

In which subjects are you performing less well?

What difficulties do you have in these subjects? (Try to use key skills and personal qualities again)

How I am challenged

Tick if you are receiving the following challenges ...

Challenging target grades	<input type="checkbox"/>	Taking on extra courses	<input type="checkbox"/>
Being in top sets	<input type="checkbox"/>	Challenging extension work in class	<input type="checkbox"/>
Taking exams earlier than usual	<input type="checkbox"/>	Enrichment (trips etc. out of school)	<input type="checkbox"/>

In what subjects do you not feel challenged; what other challenges would you like to be offered?

My Aims

What can your teachers do to let you use your skills to help you in the subjects you are less good at?

Personal exam targets (what do *you* hope to achieve in KS3 tests, GCSEs or college courses / A levels?)

Longer term goals (do you know what you want to study at university or do as a job?)

Help with your Individual Learning Plan

Where to get help?

This is your ILP. You write it; you keep it up to date; you own it; you review it. You are the best person to write it because no-one knows the *real* you better than you!

It is not always easy to evaluate your own strengths and weaknesses however. The first place to go for advice is probably your parents. There are also some hints written below.

Your tutor has seen this ILP format and they might know you well enough to help you fill-in some of the sections. You might also ask one of your teachers or a mentor if you feel you know them quite well and trust their advice.

Key Skills

The government and companies have put together six key skills that they think are important in adult life. These are a good starting point for evaluating your own skills.

- Communicating
 - writing your ideas clearly;
 - orally – speaking in class or explaining to others;
 - persuading people of your point of view;
 - listening carefully
- Working with numbers (not just in maths; maybe applying basic maths in other subjects)
- Working with ICT
- Group work (working best when you have the chance to discuss ideas with others)
- Self-evaluation (being able to see where you went wrong and finding out how to improve)
- Problem solving (enjoying figuring out how to do something new or working out the best way to do something)

Personal Qualities

These describe your personality rather than your skills. Just because you are naturally a particular way doesn't mean you can't change!

- Reliable
- Punctual
- Focused (not easily distracted)
- Persistent (keep going with a task and don't give up if there are set-backs)
- Conscientious (hard-working; care about your work)
- Decisive (making informed choices; not always 'leaving your options open')
- Competitive (like to compete against other people)
- Pay attention to details
- Work well under pressure (*e.g.* enjoy the 'buzz' of doing a test)
- Resilient (bounce-back easily after a set-back)
- Creative or enterprising (think of new ways to do things)
- Independent (may be 'mature' or 'grown-up' or able to work well alone)
- Self-managing (good at organising time, use my diary, meet deadlines, ask for help when I need it)
- Participator (get involved in things in school, don't need to be asked sometimes)